

**EDUCATIONAL UPDATE FROM
THE SOUTHEAST LAW INSTITUTE™, INC.**

To: Interested Persons
Date: March 2026
From: A. Eric Johnston
RE: What Next for Gender Dysphoria

The World Professional Association for Transgender Health (“WPATH”), the leading medical association treating transgender individuals, originally permitted puberty blockers at the onset of puberty, cross-sex hormones for those 16 years or older, and sex-change surgery only for adults. In 2012, it relaxed those standards and permitted those treatments to be exercised on minors. The number of children identifying as transgender began to surge. The American Medical Association, the American Pediatric Society, the American Psychiatric Association, the Association of American Medical Colleges, and at least 18 additional major medical associations endorsed those guidelines. On March 31, 2022, President Joe Biden issued an Executive Order for “Gender-Affirming Care for Young People,” directing the Health and Human Services Administration to support these positions.

Ever cognizant of developing trends, Eagle Forum of Alabama coalesced with SLI, ALCAP, and other conservative organizations to protect children’s healthcare in these regards. As a result, in 2022, the Alabama Vulnerable Child Compassion and Protection Act (“VCAP”), became law. It prohibited puberty blocking medications and sex-change surgeries on minors. Evidence had been presented to the Alabama Legislature of these horrendous procedures and the devastating irreversible physical effects they have.

In response, transgender-supported groups filed a federal court lawsuit, which was quickly joined by the Biden Justice Department seeking to find the Alabama law unconstitutional. Initially, we believe the court was caught off-guard because of the significant medical support mentioned above, but quickly learned there was much more to the story. At the same time, Tennessee had a similar law which made its way to SCOTUS which held the proper legal standard was not sex-based discrimination, but rational basis review of medical procedures. There was no “invidious discrimination” against transgenders. VCAP was actually a law promoting good medicine. The Biden administration argued “the medical community and the nation’s leading hospitals overwhelming agree” with the position that the Tennessee outlawed medically necessary procedures. SCOTUS found that “recent revelations suggest that leading voices in this area have relied on questionable evidence, and have allowed ideology to influence their medical guidance.” The court found their position to be “untenable.” The court also said “mounting evidence gives states reason to question whether children are capable of providing informed consent to irreversible sex-transition treatments, and thus whether these treatments can be ethically administered.” The court said WPATH “bases its guidance on insufficient evidence and allows politics to influence its medical conclusions ... WPATH’S lobestar is ideology, not science.”

Now that medical science and accurate judicial insight has found the transgender trend unscientific and unlawful, where does that leave those persons, then minors, who have been irreparably harmed? A leading plastic surgery hospital in New York, NYU Langone Health, has discontinued these services. Even the New York Times is now acknowledging the fallacies of the procedures. The American Society of Plastic Surgeons now recommends gender-related surgical procedures be delayed until a patient is an adult. A New York jury recently awarded a female detransitioner Two Million Dollars for a mastectomy she received at age 16. A detransitioner, Soren Aldaco, recently wrote an opinion piece in the Wall Street Journal. Procedures began on her when she was a minor, which resulted in a double mastectomy. Now 23, she recognizes the damage and has filed a lawsuit in Texas. She says “what I experienced at the hands of my nurse practitioner, therapist and surgery team was wrong. People like me deserve justice. I believe that God places burdens on people who can carry them, and I trust that whatever comes next will be made right in time.”

Why do parents permit such Frankensteinian procedures to be practiced on their minor children? One detransitioner says “My mom and dad were told that I was going to probably die without this treatment, that I would likely become more and more suicidal as time went on.” Rather than treat the underlying psychological dilemma some minors faced, medical professionals carried out a strategy to further another aspect of the LGBTQ+ agenda. The healthcare professionals engaged in this industry were wrong. Having been through the political development of VCAP and the resulting litigation, we know there is probative evidence to prove politically motivated medical malpractice.

While we are not plaintiff lawyers, there are some very capable ones who should investigate and bringing lawsuits for those persons for whom justice must be served. We know there are detransitioners in Alabama. We know the drug-related procedures were done here, though surgical sex-change procedures may have taken place in other states. These are all potential defendants and there is a valid legal cause of action that may be brought against them. We encourage those who have been injured by this medical charade to be like Ms. Aldaco, who believes that “God places burdens on those who can carry them.” We encourage those persons and qualified lawyers to come forward to address the next step in this sad saga.

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